

Healthy Communities

Temecula, Murrieta, Lake Elsinore and Menifee are teaming up to provide FREE fitness classes this summer, all over the valley! Simply attend any classes listed below and enjoy a free workout.

Monday - KickFit (Murrieta)

Mondays from 6:00-7:00pm (Jul 2-Jul 30)

Vintage Reserve Park

26637 Kingwood Rd, Murrieta, 92563

Phone: 951-461-6121

Email: csd@murrietaca.gov

NEW!



Tuesday - Tennis (Menifee)

Tuesdays from 6:00-7:00pm (Jun 12 -Jul 24)

Spirit Park

25507 Normady Rd, Menifee, 92584

Phone: 951-723-3880

Email: communityservices@cityofmenifee.us



Wednesday - Yoga (Temecula)

Wednesdays from 6:30-7:30pm (Jun 13-Jul 25 no class 7/4)

Harveston Community Sports Park

28582 Harveston Dr, Temecula, 92591

Phone: 951-694-6480

Email: Classes@TemeculaCA.gov



Thursday - Beach Yoga (Lake Elsinore)

Thursdays from 6:30-7:30pm (Jun 21-Jul 26)

Elm Grove Beach

500 Lakeshore Dr, Lake Elsinore, 92530

Phone: 951-245-0442

Email: recreation@lake-elsinore.org

