



NEWS RELEASE

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FOR IMMEDIATE RELEASE

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City of Meniffee to Host Annual Senior Expo and Health Fair

Free food, music, giveaways, and nearly 50 health vendors will be on hand for the City's annual health event to provide seniors with free access to healthcare and wellness resources.

MENIFEE, CA – The City of Meniffee welcomes the senior community to learn more about the numerous resources available to 55+ and better residents at the annual Senior Expo and Health Fair. This free event will take place on Saturday, May 7 from 9 a.m. to 1 p.m. at Central Park (30268 Civic Plaza Dr.).

The Senior Expo and Health Fair will feature nearly 50 service provider vendor booths with senior-specific information on subjects including healthy eating, estate planning, home health care, senior assistance programs, and much more. The fair will also provide the opportunity for free health-related screenings and access to vital health and wellness information.

Free lunch will be provided for the first 200 guests in attendance and opportunity drawings will occur for participants that visit all information booths. Attendees are encouraged to bring their blankets and lawn chairs to enjoy the festivities and live music provided by Mile 5, who will be singing rock, dance, and country classics.

For more information about this year's Senior Expo and Health Fair, or any future special events, contact the Community Services Department at www.cityofmeniffee.us/specialevents, email communityservices@cityofmeniffee.us, or call (951) 723-3880.

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ABOUT MENIFEE: *Situated in the heart of southern Riverside County along Interstate 215, Meniffee is a vibrant, new city of more than 100,000 residents who enjoy a pleasant year-round climate, abundant recreational offerings, reasonably priced housing, and convenient proximity to some of Southern California's premier attractions and employment centers. Within its 50 square miles, Meniffee's business, retail, and entertainment outlets are starting to shape the community's character and this growing economic base is also contributing favorably to the city's strong financial position. Meniffee's growing family-oriented population values the city's ongoing commitment to public safety, community events, and smart growth for the future. All of these elements are working together to support the city's strategic vision to make Meniffee one of the state's most promising new cities.*